



BOOKMATES'

LOVE, LAUGH, LEARN: Weekly Literacy Resources



From Head to Toe

Author: Eric Carle

If you don't have the book at home, copy and paste this link to hear the author read the book to you:

<https://www.youtube.com/watch?v=liMuGN-NJ6o>

After reading the book, you can try some of the following activities which build on concepts from the book and create fun early learning experiences.



Extension Activities

1. Homemade finger-paints

Ingredients:

- 3 Tbs sugar
- ½ tsp salt
- ½ cup cornstarch
- 2 cups water

Combine above ingredients in small saucepan. While stirring, warm until mixture thickens. Cool and pour into containers. Add food colouring to create desired colours.

Painting Ideas:

- Add a spoonful of paint on paper and have your child use his/her fingers to paint a picture or simply move the paint around the paper. This is a great opportunity to talk about texture (how it feels) while also learning the names of colours. What happens when you mix colours together?
- Make animal tracks using toy animals.
- Dip the palm of your hand in the paint and create animals by pressing your hand on the paper. This will be the body of the animal, as shown in the picture. Then add the different features to the body.



GET ACTIVE!!!

Games:

1. Guess the Animal

Act out the animals in the story and have your child guess which one it is:

- Bend your neck like a giraffe
- Wave your arms like a monkey
- Clap your hands like a seal
- Arch your back like a cat
- Bend your knees like a camel
- Kick your legs like a donkey

Think of other animals and the different ways they move their bodies.

2. Hide the Animals

Take turns hiding toy animals around the room and looking for them. Once all the animals have been found you could sing "Old McDonald had a Farm (or Zoo)" while holding up the animal being sung about.

Rhymes & Songs



The Itsy Bitsy Monkey (Tune: The Itsy Bitsy Spider)

The itsy bitsy monkey
Climbed up a coconut tree,
Down came a coconut
And hit him on his knee!
Owww!
Out came a lion
Shaking his mighty mane,
And the itsy bitsy monkey
Climbed up the tree again!

Five Little Monkeys

Five Little monkeys sitting in a tree,
Teasing Mr. Crocodile, "You can't catch me!"
Along came Mr. Crocodile as quiet as can be...
SNAP!

Continue with 4...3...2...

One little monkey sitting in a tree,
Teasing Mr. Crocodile, "You can't catch me!"
Along came Mr. Crocodile as quiet as can be...
SNAP!
Away swims Mr. Crocodile as full as can be!



The Jungle Song

(Tune: Twinkle, Twinkle Little Star)

Tiger, tiger, orange and black,
He's got stripes upon his back.
When he growls, sharp teeth I see
He's as scary as can be!
Tiger, tiger orange and black,
He's got stripes upon his back.



Elephant, elephant, large and grey,
Swings his trunk along the way.
His ears are big, his tusks are white,
Don't be scared, he doesn't bite!
Elephant, elephant, large and grey,
Swings his trunk along the way.

Giraffe, giraffe, so very tall,
He spreads out his legs so he won't fall.
He eats leaves from the tops of trees,
His long neck helps him reach them with ease!
Giraffe, giraffe so very tall,
He spreads out his legs so he won't fall.

Lion, lion, mighty and strong,
With a very loud roar and a mane so long.
A lioness has no mane,
A cub is a baby lion's name.
Lion, lion, mighty and strong,
With a very loud roar and a mane so long.

The Elephant

The elephant is very big
His lips and trunk are one,
And when I tried to pick him up
I found he weighed a ton.

Little Penguin

(Tune: I'm a Little Teapot)

I'm a little penguin
Black and white.
I waddle to the left,
And I waddle to the right.
When I'm feeling hungry,
Splash and splish,
I jump in the water
And catch a fish!



Need a laugh? Try these jokes with your child:

Why is it hard to play cards in the jungle?
Answer: There are too many cheetahs!

What is a crocodile's favorite game?
Answer: Snap!

What kind of snake is good at math?
Answer: An adder!



Parents at Play with Children

In the world of play, we can relax and enjoy each other.

- Turn tasks into fun.
- Laughter and humour are part of play.
- Music and movement is relaxing for both parents and children.
- Talk to your child.

Play is for children of all ages:

- Play peek a boo with a baby.
- Build a tower out of blocks and laugh when they fall down.
- Walk in the rain and splash in the puddles.
- Put a blanket over the table and see what it turns into. Maybe it's a castle or a cave!
- Collect pretty rocks or leaves.
- Sit in the park and watch the birds and squirrels.
- Have a picnic in the back yard or in the living room on a blanket on the floor.

There are many benefits of play. It helps children to problem solve, make decisions, learn language, build confidence and self-esteem and creates a positive attitude to learning. When children are playing they are learning.

(Bookmates Play to Learn, Learn to Play)

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