

FREE training for Educators
Program leaders & Parents

Keeping Every Kid in the Game

Developing Physical Literacy in Children 0-12 years

March 17, 2017

9:00 am - 12:00 pm --- early years training session 12:30 pm - 3:30 pm --- school-age training session

FW Gilbert School, Pinawa



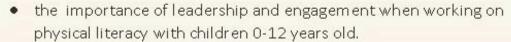
Facilitated by:
Michelle Johnson
www.fitkidshealthykids.ca





Join Fit Kids Healthy Kids for...

Keeping Every Kid in the Game. (0-12 years) Together we will discuss



- the fundamental movement skills that are crucial at this age and strategies to help children develop them through structured and unstructured play.
- the use of space and how we can get kids moving even when the area does not seem ideal.
- fun ways to motivate kids to be active in everyday life.
- the development of a non-competitive, no-sport specific direction with programing that takes a holistic approach to physical activity.

We want to encourage and inspire leaders to provide a fun-filled learning environment that focuses on the development of each child, their path to physical literacy and developing an active-for-life attitude.

So come dressed comfortably and ready to play!

For more information, please email:

grassroots@sdwhiteshell.mb.ca

Registering in advance is not required, but appreciated.

To attend, please arrive at FW Gilbert School

15 minutes before the session begins.